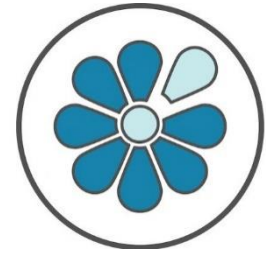


## **Dementia United programme Bulletin 2. June 5<sup>th</sup> 2020**



Dear colleagues,

Welcome to our e-bulletin. We will now be producing this monthly. We've included updates from across our programme and would welcome your feedback. Do you find this useful? Is there anything else you'd like us to include? If you have any comments or suggestions, please send them to [gmhscp.dementiaunited@nhs.net](mailto:gmhscp.dementiaunited@nhs.net)

### **Delirium**

#### **Opportunity to test draft Greater Manchester Community Delirium Toolkit**

Dementia United have coproduced a Community Delirium Toolkit with colleagues from across Greater Manchester, including multidisciplinary community health and care teams (including urgent care), primary care, mental health, care home sector, people living with dementia and carers. It utilises the 4AT delirium screening tool (that requires no formal training) and an adapted version of Healthcare Improvement Scotland's TIME bundle. TIME stands for looking for the Triggers for the delirium, Investigations to find the cause(s) of the delirium, Management and treatment of the delirium and Engagement and follow-up.

The toolkit includes a delirium leaflet that can be personalised for you to go through with the person with delirium and their carer as appropriate. We presented a first version of the Toolkit at our 3<sup>rd</sup> World Delirium Awareness Day event on the 11<sup>th</sup> March 2020, where 80 plus attendees provided feedback and suggestions for next steps, including the piloting with several teams.

As we've heard that there's is a need for a resource like this during this COVID-19 pandemic we've made the decision to escalate getting the toolkit out to multidisciplinary community health and care teams in the coming weeks. This will be a 'working' version and will allow teams test the toolkit and provide feedback to us. This feedback will allow us to develop the toolkit further.

To find out more and to view the Toolkit, [visit our website](#) and complete the Expression of Interest form. The questions will hopefully enable you to decide if your team are ready to test the toolkit. We can then offer a virtual launch meeting with your team, as well as regular optional supportive virtual drop-in sessions, where you will be able to share experiences, provide feedback and seek DU advice.

**Key contacts:** [helen.pratt5@nhs.net](mailto:helen.pratt5@nhs.net) and [lyndsey.kavanagh@nhs.net](mailto:lyndsey.kavanagh@nhs.net)

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## Dementia and COVID-19 – A quick guide for GPs

[Visit our Dementia United website for this useful resource](#) developed by our GP Clinical Lead Dr Helen Martin. It's a quick guide for GPs in coping with the complex problems that people living with dementia and their families are facing during COVID-19. The focus is on dealing with behaviour that challenges and supporting people at home, planning ahead and acute management including recognising atypical presentations and managing delirium.

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## Dementia friendly housing

### Call for Comments – Greater Manchester Response to the All Party Parliamentary Group (APPG) on Dementia-friendly Housing.

APPGs are informal groups of members of both houses with a common interest in a particular issue. The APPG on Housing and Care for Older People organises an inquiry every two years. For 2020, the APPG have established an Inquiry on "Housing for those living with dementia". Launched on 13 May 2020, there will be four Inquiry sessions over the course of this year with a report published in March 2021.

You can [find out more about the All Party Parliamentary Group here](#). This Inquiry will explore dementia-friendly housing, including assistive technology, adaption, design and the links between housing, health and social care. Dementia United are inviting stakeholders in Greater Manchester interested in the issue for comments, to be collated into a collaborative response to the inquiry.

**The internal deadline for comments is 12 June 2020.** Please contact [jack.gould1@nhs.net](mailto:jack.gould1@nhs.net) for more information and guidance on this submission.

## Dementia research

Public involvement and participation is essential to the success of clinical and social research but public understanding of this process is often lacking. A recent scoping exercise with those living with a dementia and their carers highlighted an appetite for new medications, information on treatments and interventions while the same population showed less interest in research information and opportunities. With the two being dependent upon one another for success, it is important that the links between public involvement, participation and clinical outcomes are made explicit.

This is particularly relevant right now, as the public look to researchers, clinicians and other professionals to suggest new ways of living well with dementia during the current COVID-19 outbreak. We therefore ask that those working with people living with dementia be aware of this need, be willing to have conversations regarding the importance of public involvement in research to clinical outcomes and signpost to research information and opportunities.

Join Dementia Research is still the best way for those living with dementia and carers to find relevant research opportunities. This service offers access to a number of studies which can be completed online or over the phone/. You can find out more by calling the Alzheimer's society and asking about research on: 0333 150 3456 or visiting their website [www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

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## Greater Moments

In partnership with Social Sense, we've been developing a tool to test, measure and capture data on the real experience of people living with dementia and those who care for them. Operating in real-time the data will be used to both personalise their care and inform our future work. We're currently carrying out some testing and will then be sharing the platform with users we've recruited (people living with dementia and carers) who will start testing it. We're currently planning a soft launch that will happen initially through digital media activity. <http://www.greatermoments.org.uk/>: <http://www.greatermoments.org.uk/> .

Social Sense, our delivery partners for Greater Moments, have developed a brief survey to help us understand how people affected by dementia are feeling during this challenging time. Results will help to inform us of what's working well and also identify areas where support is required across Greater Manchester. Please support us to increase the number of responses by sharing this link: <https://surveys.socialsensecic.co.uk/s/GM covid19/>

**Key contact:** [gaynah.butler@nhs.net](mailto:gaynah.butler@nhs.net)

## Care Pathways

We have a number of surveys on the care pathway where people living with dementia and carers can talk about their experiences of the care and support received. The feedback from the surveys is being put to immediate use to understand which existing problems may have been exacerbated by the current situation. We'd be grateful if you could share the links to our online surveys so as many people affected by dementia as possible to have the opportunity to feedback.

- Diagnosing well: <https://www.surveymonkey.co.uk/r/CPCBSF9>
- Supporting well: <https://www.surveymonkey.co.uk/r/CP3NX96>
- Living well: <https://www.surveymonkey.co.uk/r/CP5HPSM>
- Dying well: <https://www.surveymonkey.co.uk/r/C6YFKNH>

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## Website

We've revamped the layout of our COVID-19 resources hub on our website <https://dementia-united.org.uk/home/covid-19-information/> and have added new resources. This provides a wide range of guidance and information for people living with dementia and those that care for them. We're also using this site to signpost people to where they can get the help and support they need, whether it's help with shopping or support with their mental health and wellbeing. All resources have been quality checked and we will continue to add resources as they become available. We would welcome your feedback [helen.pratt5@nhs.net](mailto:helen.pratt5@nhs.net) or [emma.smith96@nhs.net](mailto:emma.smith96@nhs.net)