**Dementia Training September 2024** (version 1.0)

*\*\*Please note Dementia United are not responsible for the content of any training, other than those resources created by Dementia United, and cannot comment on the quality of training available\*\**

**This document does not contain all resources available to support people affected by dementia or practitioners; it is intended to provide information about available dementia training.**

Contents

[Understanding dementia - training available for anyone 2](#_Toc178929319)

[Training for carers of people living with dementia 5](#_Toc178929320)

[Training available for staff working in health and social care 7](#_Toc178929321)

[Dementia and palliative and end of life care 11](#_Toc178929322)

[Delirium 12](#_Toc178929323)

[Mild Cognitive Impairment 13](#_Toc178929324)

[Young Onset Dementia 14](#_Toc178929325)

[Lewy Body and Rarer Forms of Dementia 14](#_Toc178929326)

# **Understanding dementia - training available for anyone**

**Free training resources**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Understanding dementia | Online  7-week course (intakes for courses in July and November) | Free | University of Tasmania  <https://www.utas.edu.au/wicking/understanding-dementia> |
| Introduction to the dementia journey | Online (approx. 1 hour) | Free | Alzheimer’s Society  <https://www.alzheimers.org.uk/dementia-professionals/external-training/alzheimers-society-learning-hub> |
| Dementia Information Sessions | Face to face or online (digital option if no face to face sessions are available in local area) | Free | Dementia Friends, An Alzheimer’s Society Initiative  <https://www.dementiafriends.org.uk/> |
| Don’t Stop Me Now!  Understanding dementia immersive experience. | Online (audio download & resources)  Face to face sessions available in Trafford only | Free audio download and resources (SoundCloud required to listen to audio files) | Made by Mortals  <https://www.madebymortals.org/dont-stop-me-now/>  <https://www.madebymortals.org/hidden/> |
| Living well with dementia | Face to face | Free (register with Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust  <https://www.gmmh.nhs.uk/recovery/> |
| Dementia – understanding brain perspective | Face to face | Free (register with Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust  <https://www.gmmh.nhs.uk/recovery/> |
| An introduction to life story work  Reconnecting with life experiences and memories, to bring out the person behind the illness. | Face to face | Free (register with Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust  <https://www.gmmh.nhs.uk/recovery/> |

**Paid training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Alzheimer’s Society Learning Hub  14 courses on a range of topics | Online (approx. 1 hour) | £24 per course for individuals, quotes provided for organisations | Alzheimer’s Society  <https://www.alzheimers.org.uk/dementia-professionals/external-training/alzheimers-society-learning-hub> |
| Hidden Voice  Giving a Voice to Dementia film | Film and accompanying support pack | £16.99 per download | Music in Mind  <https://www.musicinmind.org.uk/projects> |
| Virtual dementia tour  Dementia experience simulator | Face to face (mobile simulator) | £580 + VAT | Training2Care  <https://www.training2care.com/virtual-dementia-tour.htm> |
| 50 Shades of Dementia  Short courses on range of topics | Online  Live sessions | £140 per person, per course | Bradford University <https://www.bradford.ac.uk/dementia/training-consultancy/short-courses/> |
| The Many Faces of Dementia  CPD accredited course, covering four less common forms of dementia. | Online  (2 hours per week, 4 weeks) | £99 one-off course payment. Monthly subscriptions also available. | University College London  <https://www.futurelearn.com/courses/faces-of-dementia> |

# **Training for carers of people living with dementia**

**Free courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Understanding dementia | Online  2-hour session | Free for carers | Dementia Adventure  <https://dementiaadventure.org/training-and-support/friends-and-family> |
| Carer training  Support, advice and connection-making for carers | Online or face to face | Free for carers in Manchester only | Together Dementia Support <https://www.togetherdementiasupport.org/carer-training> |
| Moving beyond words course  Using non-verbal communication | Online  5-week course | Free for carers in Greater Manchester | Empowered Conversations  <https://empowered-conversations.co.uk/moving-beyond-words/> |
| Empowered conversations course  Reconsidering connection & communication | Online  6-week course | Free for carers in Greater Manchester | Empowered Conversations  <https://empowered-conversations.co.uk/at-home/at-home-2/> |
| Looking after yourself  Health and well-being for carers, family, and friends | Face to face | Free (register to join the Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust  <https://www.gmmh.nhs.uk/recovery/> |
| Mood and motivation  Improving mood and motivation levels, building confidence. | Online  90-minute session | Free for carers | Dementia Adventure  <https://dementiaadventure.org/training-and-support/friends-and-family/mood-and-motivation> |
| Understanding Dementia Better | Online  2 hour sessions, multiple dates | Free for carers | <https://dementiaadventure.org/training-and-support/friends-and-family/understanding-dementia-better/> |
| Carer development programme  Range of topics | Online | Free for carers | TIDE (Together in Dementia Everyday) <https://www.tide.uk.net/events/> |

**Paid training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Finding the Light in Dementia Course for Families, Friends and Caregivers | Films and audio | £99 | <https://www.findingthelightindementia.com/onlineguide/> |

# **Training available for staff working in health and social care**

**Free training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Introduction to living with dementia | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh)  <https://www.e-lfh.org.uk/programmes/dementia/> |
| Enabling people to live well with dementia | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh)  <https://www.e-lfh.org.uk/programmes/dementia/> |
| Awareness of Mental Health, Dementia and Learning Disability | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh)  <https://portal.e-lfh.org.uk/Search> |
| Stand by me: Dementia  Communication and person-centred care | E-learning (approx. 1 hour 35 mins) | Free | Skills Platform <https://www.skillsplatform.org/courses/2310-stand-by-me-dementia> |
| Practical approaches to minimising restraint | Video | Free | Social Care Institute for Excellence  <https://www.scie.org.uk/socialcaretv/video-player.asp?v=practical-approaches-to-minimising-restraint> |
| Enhanced Health in Care Homes  Dementia and communication module | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh)  <https://www.e-lfh.org.uk/programmes/enhanced-health-in-care-homes-workforce-development> |
| React to Dementia  Training for care home staff | Online video, workbook, and trainer guide. | Free | React To  <https://reactto.co.uk/resources/react-to-dementia/> |
| Norfolk & Suffolk Care Support dementia  Training videos on a range of topics | 17 You Tube training videos | Free | Norfolk & Suffolk Care Support  <https://www.youtube.com/playlist?list=PLMrMISwKkPC3otfifzrRA4EKX1V2p5WyF> |
| Improving access, experience & outcomes for people living with dementia from ethnic minority communities | E-learning (2 hours) | Free for NHS staff – registration required | Royal College of Psychiatrists  <https://elearninghub.rcpsych.ac.uk/products/NHSE_Dementia> |

**Paid training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Dementia awareness (Tier 1) | E-learning (at own pace) | £12+VAT per learner (discounts if multiple learners) | Social Care Institute for Excellence (SCIE)  <https://www.scie.org.uk/e-learning/dementia> |
| Awareness of dementia  (Level 2) |  | £120-£180 | Via Skills for Care  <https://www.skillsforcare.org.uk/resources/documents/Funding/Workforce-Development-Fund/23-24/Funded-qualifications/WDF-funded-qualifications-and-learning-2023-24.pdf> (page 7) |
| Dementia care  (Level 3) |  | £300 - £420 | Via Skills for Care  <https://www.skillsforcare.org.uk/resources/documents/Funding/Workforce-Development-Fund/23-24/Funded-qualifications/WDF-funded-qualifications-and-learning-2023-24.pdf> (page 7) |
| Dementia training (tailored offers) | E-learning | Cost to organisation (contact for more information) | Dementia Adventure  <https://dementiaadventure.org/training-and-support/organisations-professionals-volunteers/> |
| Dementia: a person centred approach University accredited unit delivered at Level 6 and Level 7 | Online  10- week unit with live weekly seminars | £1350 | University of Manchester <https://www.bmh.manchester.ac.uk/study/cpd/courses/nursing-midwifery-social-work-postgraduate-cpd-units/> |
| Activity co-ordinator training courses | E-learning or online activity | £25 - £89 | Daily Sparkle  <https://www.dailysparkle.co.uk/training/> |
| Empowered conversations for professionals  Communication and connection with people with dementia | Online or face to face  3-week course | £65 | Empowered Conversations  <https://empowered-conversations.co.uk/at-work/> |
| Finding the Light in Dementia Training | Training films, presentations and resources | Cost to organisation (contact for more information) | <https://www.findingthelightindementia.com/care-staff-course/> |
| Dementia Awareness | Online training | £54 per person | <https://houseofmemories.learnworlds.com/course/dementia-awareness-professionals> |

# **Dementia and palliative and end of life care**

**Free training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| End of Life Dementia Care | E-learning (at own pace) | Free (registration required) | E-Learning for Health <https://www.e-lfh.org.uk/> |

**Paid training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Range of courses available including Advance Care Planning and Enhanced Communication Skills | Variable | Contact organisation for costs | Bolton Hospice  <https://www.boltonhospice.org.uk/training-and-education> |
| Range of courses are including Communication Skills, Dementia Awareness, and Mayfly Advance Care Planning Programme | Variable | Contact organisation for costs | Dr Kershaw’s Hospice  <https://drkershawshospice.org.uk/training> |
| Range of courses including Palliative Care for those with a Dementia Diagnosis and Advance Care Planning | Variable | Contact organisation for costs | Springhill Hospice  <https://springhill.org.uk/helping-you/for-health-and-social-care-professionals/education-and-training> |
| Range of courses including Advance Care Planning and Communication Skills | Variable | Contact organisation for costs | Wigan and Leigh Hospice  <https://www.wlh.org.uk/news/free-training-in-end-of-life-care/> |

# **Delirium**

**Free training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Delirium Toolkit Training Resources  Collated information resources on delirium including videos and webinars | Online | Free | Dementia United <https://dementia-united.org.uk/delirium-toolkit-training-resources/> |
| GM Best Practice Delirium Webinar April 2023 | Online webinar recording | Free | Dementia United <https://dementia-united.org.uk/news/2023/05/11/greater-manchesters-best-practice-delirium-webinar-26th-april-2023/> |
| GM Best Practice Delirium Webinar April 2024 | Online webinar recording | Free | Dementia United <https://dementia-united.org.uk/news/2024/03/27/greater-manchesters-best-practice-delirium-webinar-13th-march-2024/> |
| Raising awareness of delirium | E-learning for staff | Free | E-learning for healthcare (elfh)  <https://portal.e-lfh.org.uk/Component/Details/664995> |

# **Mild Cognitive Impairment**

**Free training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Mild cognitive impairment | Virtual course (at own pace) | Free | Neurology Academy <https://neurologyacademy.org/events/course/mild-cognitive-impairment-virtual-course-2023> |

# **Young Onset Dementia**

**Free training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Young onset dementia  Webinars on a range of topics | Online  Recorded webinars | Free | Young Dementia Network  <https://www.youngdementianetwork.org/news-and-events/our-webinars/our-tea-themed-webinars/> |

# **Lewy Body and Rarer Forms of Dementia**

**Free training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Lewy Body Bitesize | Online | Free for NHS staff.  £15 (incl. VAT) for international healthcare professionals. | Neurology Academy  <https://neurologyacademy.org/events/course/lewy-body-bitesize> |
| Lewy Body Society resources | Various | Free | Lewy Body Society  [Professional Resources - Lewy Body](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.lewybody.org%2Fprofessional-resources%2F&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726384988308%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=jMWkBHjVoQbzu5meJ7Um7JKgzm53bqPyl%2Bjm1Fn1UmA%3D&reserved=0)  [The Lewy Body Society - YouTube](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2F%40lewybodysoc%2Ffeatured&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726384996541%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=948in4pw8msPq4kopVSfVRBPI%2FIZoQxWtXGmgIwtA6Q%3D&reserved=0)  [Videos - Lewy Body](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.lewybody.org%2Finformation-and-support%2Fvideos%2F&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385003802%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=CBIlF9qBHDe8YtiW7kK35GU6rRLTdhslnlTiHDXmdSE%3D&reserved=0) |
| Frontotemporal dementia resources | You Tube videos | Free | [An introduction to frontotemporal dementia (FTD) (part 1/3) (youtube.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DekJiKIn9QuU&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385010598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=5M0Om%2BQBiwh5w%2F%2F3eFPelJZtOIKn9JZyMaUQGSQZQfo%3D&reserved=0)  [Getting help and support with frontotemporal dementia (FTD) (part 2/3) (youtube.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Dkx3Zuv_MM3E&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385017833%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=rSc6iNAmumHpUfKwI5FPRFCGrLh8a9CmKmVJVtuQRLE%3D&reserved=0)  [Living with changes in behaviour in frontotemporal dementia (FTD) (part 3/3) (youtube.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DJZEj8G6XK24&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385024077%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=sJY57PXq34XU6O5J9RgxAza2XenGt9%2FsJ1IX3P%2B6%2ByM%3D&reserved=0) |