**Dementia Training September 2024** (version 1.0)

*\*\*Please note Dementia United are not responsible for the content of any training, other than those resources created by Dementia United, and cannot comment on the quality of training available\*\**

**This document does not contain all resources available to support people affected by dementia or practitioners; it is intended to provide information about available dementia training.**

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# **Understanding dementia - training available for anyone**

**Free training resources**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Understanding dementia  | Online7-week course (intakes for courses in July and November) | Free | University of Tasmania <https://www.utas.edu.au/wicking/understanding-dementia>  |
| Introduction to the dementia journey | Online (approx. 1 hour) | Free | Alzheimer’s Society<https://www.alzheimers.org.uk/dementia-professionals/external-training/alzheimers-society-learning-hub>  |
| Dementia Information Sessions | Face to face or online (digital option if no face to face sessions are available in local area) | Free  | Dementia Friends, An Alzheimer’s Society Initiative<https://www.dementiafriends.org.uk/> |
| Don’t Stop Me Now!Understanding dementia immersive experience. | Online (audio download & resources)Face to face sessions available in Trafford only | Free audio download and resources (SoundCloud required to listen to audio files) | Made by Mortals<https://www.madebymortals.org/dont-stop-me-now/> <https://www.madebymortals.org/hidden/>  |
| Living well with dementia | Face to face | Free (register with Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust<https://www.gmmh.nhs.uk/recovery/>  |
| Dementia – understanding brain perspective | Face to face | Free (register with Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust<https://www.gmmh.nhs.uk/recovery/>  |
| An introduction to life story workReconnecting with life experiences and memories, to bring out the person behind the illness. | Face to face | Free (register with Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust<https://www.gmmh.nhs.uk/recovery/>  |

**Paid training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Alzheimer’s Society Learning Hub 14 courses on a range of topics | Online (approx. 1 hour) | £24 per course for individuals, quotes provided for organisations | Alzheimer’s Society<https://www.alzheimers.org.uk/dementia-professionals/external-training/alzheimers-society-learning-hub>  |
| Hidden VoiceGiving a Voice to Dementia film | Film and accompanying support pack | £16.99 per download | Music in Mind <https://www.musicinmind.org.uk/projects>  |
| Virtual dementia tourDementia experience simulator | Face to face (mobile simulator) | £580 + VAT | Training2Care<https://www.training2care.com/virtual-dementia-tour.htm>  |
| 50 Shades of DementiaShort courses on range of topics | OnlineLive sessions | £140 per person, per course | Bradford University <https://www.bradford.ac.uk/dementia/training-consultancy/short-courses/> |
| The Many Faces of DementiaCPD accredited course, covering four less common forms of dementia. | Online(2 hours per week, 4 weeks) | £99 one-off course payment. Monthly subscriptions also available. | University College London<https://www.futurelearn.com/courses/faces-of-dementia> |

# **Training for carers of people living with dementia**

**Free courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Understanding dementia | Online 2-hour session | Free for carers | Dementia Adventure<https://dementiaadventure.org/training-and-support/friends-and-family>   |
| Carer trainingSupport, advice and connection-making for carers | Online or face to face | Free for carers in Manchester only | Together Dementia Support <https://www.togetherdementiasupport.org/carer-training>  |
| Moving beyond words courseUsing non-verbal communication | Online5-week course | Free for carers in Greater Manchester | Empowered Conversations <https://empowered-conversations.co.uk/moving-beyond-words/> |
| Empowered conversations courseReconsidering connection & communication | Online 6-week course | Free for carers in Greater Manchester | Empowered Conversations <https://empowered-conversations.co.uk/at-home/at-home-2/>  |
| Looking after yourselfHealth and well-being for carers, family, and friends | Face to face | Free (register to join the Recovery Academy) | Recovery Academy, Greater Manchester Mental Health NHS Foundation Trust<https://www.gmmh.nhs.uk/recovery/>  |
| Mood and motivationImproving mood and motivation levels, building confidence. | Online 90-minute session | Free for carers | Dementia Adventure<https://dementiaadventure.org/training-and-support/friends-and-family/mood-and-motivation>   |
| Understanding Dementia Better | Online2 hour sessions, multiple dates | Free for carers | <https://dementiaadventure.org/training-and-support/friends-and-family/understanding-dementia-better/>  |
| Carer development programme Range of topics | Online | Free for carers | TIDE (Together in Dementia Everyday) <https://www.tide.uk.net/events/> |

**Paid training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Finding the Light in Dementia Course for Families, Friends and Caregivers | Films and audio | £99 | <https://www.findingthelightindementia.com/onlineguide/>  |

# **Training available for staff working in health and social care**

**Free training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Introduction to living with dementia | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh) <https://www.e-lfh.org.uk/programmes/dementia/>  |
| Enabling people to live well with dementia | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh) <https://www.e-lfh.org.uk/programmes/dementia/>  |
| Awareness of Mental Health, Dementia and Learning Disability | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh) <https://portal.e-lfh.org.uk/Search>  |
| Stand by me: DementiaCommunication and person-centred care | E-learning (approx. 1 hour 35 mins) | Free | Skills Platform <https://www.skillsplatform.org/courses/2310-stand-by-me-dementia> |
| Practical approaches to minimising restraint | Video | Free | Social Care Institute for Excellence<https://www.scie.org.uk/socialcaretv/video-player.asp?v=practical-approaches-to-minimising-restraint>  |
| Enhanced Health in Care Homes Dementia and communication module | E-learning (at own pace) | Free (registration required) | E-learning for healthcare (elfh) <https://www.e-lfh.org.uk/programmes/enhanced-health-in-care-homes-workforce-development>  |
| React to DementiaTraining for care home staff | Online video, workbook, and trainer guide. | Free | React To<https://reactto.co.uk/resources/react-to-dementia/> |
| Norfolk & Suffolk Care Support dementia Training videos on a range of topics | 17 You Tube training videos | Free | Norfolk & Suffolk Care Support <https://www.youtube.com/playlist?list=PLMrMISwKkPC3otfifzrRA4EKX1V2p5WyF>  |
| Improving access, experience & outcomes for people living with dementia from ethnic minority communities | E-learning (2 hours) | Free for NHS staff – registration required | Royal College of Psychiatrists <https://elearninghub.rcpsych.ac.uk/products/NHSE_Dementia> |

**Paid training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Dementia awareness (Tier 1) | E-learning (at own pace) | £12+VAT per learner (discounts if multiple learners) | Social Care Institute for Excellence (SCIE)<https://www.scie.org.uk/e-learning/dementia> |
| Awareness of dementia(Level 2) |  | £120-£180 | Via Skills for Care<https://www.skillsforcare.org.uk/resources/documents/Funding/Workforce-Development-Fund/23-24/Funded-qualifications/WDF-funded-qualifications-and-learning-2023-24.pdf> (page 7) |
| Dementia care(Level 3) |  | £300 - £420 | Via Skills for Care<https://www.skillsforcare.org.uk/resources/documents/Funding/Workforce-Development-Fund/23-24/Funded-qualifications/WDF-funded-qualifications-and-learning-2023-24.pdf> (page 7) |
| Dementia training (tailored offers) | E-learning | Cost to organisation (contact for more information) | Dementia Adventure<https://dementiaadventure.org/training-and-support/organisations-professionals-volunteers/> |
| Dementia: a person centred approach University accredited unit delivered at Level 6 and Level 7 | Online 10- week unit with live weekly seminars | £1350  | University of Manchester <https://www.bmh.manchester.ac.uk/study/cpd/courses/nursing-midwifery-social-work-postgraduate-cpd-units/>  |
| Activity co-ordinator training courses | E-learning or online activity | £25 - £89 | Daily Sparkle<https://www.dailysparkle.co.uk/training/>  |
| Empowered conversations for professionalsCommunication and connection with people with dementia | Online or face to face 3-week course | £65 | Empowered Conversations<https://empowered-conversations.co.uk/at-work/>  |
| Finding the Light in Dementia Training | Training films, presentations and resources | Cost to organisation (contact for more information) | <https://www.findingthelightindementia.com/care-staff-course/>  |
| Dementia Awareness | Online training | £54 per person | <https://houseofmemories.learnworlds.com/course/dementia-awareness-professionals> |

# **Dementia and palliative and end of life care**

**Free training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| End of Life Dementia Care | E-learning (at own pace) | Free (registration required) | E-Learning for Health <https://www.e-lfh.org.uk/> |

**Paid training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Range of courses available including Advance Care Planning and Enhanced Communication Skills | Variable | Contact organisation for costs | Bolton Hospice<https://www.boltonhospice.org.uk/training-and-education> |
| Range of courses are including Communication Skills, Dementia Awareness, and Mayfly Advance Care Planning Programme | Variable | Contact organisation for costs | Dr Kershaw’s Hospice<https://drkershawshospice.org.uk/training> |
| Range of courses including Palliative Care for those with a Dementia Diagnosis and Advance Care Planning | Variable | Contact organisation for costs | Springhill Hospice<https://springhill.org.uk/helping-you/for-health-and-social-care-professionals/education-and-training> |
| Range of courses including Advance Care Planning and Communication Skills | Variable | Contact organisation for costs | Wigan and Leigh Hospice<https://www.wlh.org.uk/news/free-training-in-end-of-life-care/> |

# **Delirium**

**Free training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Delirium Toolkit Training ResourcesCollated information resources on delirium including videos and webinars | Online  | Free  | Dementia United <https://dementia-united.org.uk/delirium-toolkit-training-resources/>  |
| GM Best Practice Delirium Webinar April 2023 | Online webinar recording | Free | Dementia United <https://dementia-united.org.uk/news/2023/05/11/greater-manchesters-best-practice-delirium-webinar-26th-april-2023/> |
| GM Best Practice Delirium Webinar April 2024 | Online webinar recording | Free | Dementia United <https://dementia-united.org.uk/news/2024/03/27/greater-manchesters-best-practice-delirium-webinar-13th-march-2024/>  |
| Raising awareness of delirium | E-learning for staff | Free  | E-learning for healthcare (elfh) <https://portal.e-lfh.org.uk/Component/Details/664995> |

# **Mild Cognitive Impairment**

**Free training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Mild cognitive impairment  | Virtual course (at own pace) | Free | Neurology Academy <https://neurologyacademy.org/events/course/mild-cognitive-impairment-virtual-course-2023>  |

# **Young Onset Dementia**

**Free training courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course name** | **Format** | **Cost** | **Organisation** |
| Young onset dementia Webinars on a range of topics | Online Recorded webinars | Free | Young Dementia Network<https://www.youngdementianetwork.org/news-and-events/our-webinars/our-tea-themed-webinars/>  |

# **Lewy Body and Rarer Forms of Dementia**

**Free training courses**

| **Course name** | **Format** | **Cost** | **Organisation** |
| --- | --- | --- | --- |
| Lewy Body Bitesize  | Online  | Free for NHS staff.£15 (incl. VAT) for international healthcare professionals. | Neurology Academy<https://neurologyacademy.org/events/course/lewy-body-bitesize> |
| Lewy Body Society resources | Various | Free | Lewy Body Society[Professional Resources - Lewy Body](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.lewybody.org%2Fprofessional-resources%2F&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726384988308%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=jMWkBHjVoQbzu5meJ7Um7JKgzm53bqPyl%2Bjm1Fn1UmA%3D&reserved=0)[The Lewy Body Society - YouTube](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2F%40lewybodysoc%2Ffeatured&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726384996541%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=948in4pw8msPq4kopVSfVRBPI%2FIZoQxWtXGmgIwtA6Q%3D&reserved=0)[Videos - Lewy Body](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.lewybody.org%2Finformation-and-support%2Fvideos%2F&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385003802%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=CBIlF9qBHDe8YtiW7kK35GU6rRLTdhslnlTiHDXmdSE%3D&reserved=0) |
| Frontotemporal dementia resources | You Tube videos | Free | [An introduction to frontotemporal dementia (FTD) (part 1/3) (youtube.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DekJiKIn9QuU&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385010598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=5M0Om%2BQBiwh5w%2F%2F3eFPelJZtOIKn9JZyMaUQGSQZQfo%3D&reserved=0)[Getting help and support with frontotemporal dementia (FTD) (part 2/3) (youtube.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Dkx3Zuv_MM3E&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385017833%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=rSc6iNAmumHpUfKwI5FPRFCGrLh8a9CmKmVJVtuQRLE%3D&reserved=0)[Living with changes in behaviour in frontotemporal dementia (FTD) (part 3/3) (youtube.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DJZEj8G6XK24&data=05%7C02%7Ck.thakuria1%40nhs.net%7Cd16ea64c0768459368b408dc57bf4fd5%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638481726385024077%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=sJY57PXq34XU6O5J9RgxAza2XenGt9%2FsJ1IX3P%2B6%2ByM%3D&reserved=0) |