

Delirium Spotlight April 2026

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Dementia United's contributions to national resources and policy



NHS GM's quality improvement programme for dementia, Dementia United along with key Greater Manchester stakeholders have contributed to national resources and policy over the last year. Two key papers we're highlighting are:

- [High Impact Change Model: Improving the timely and effective discharge of people with dementia and delirium into the community \(Local Government Association\)](#). Dementia United and the local [Discharge Integration Frontrunner programme](#) both featured as spotlight case studies in this publication.
- [Delirium Matters: a new report from DeNPRU-QM – NIHR Policy Research Unit in Dementia and Neurodegeneration at Queen Mary University of London](#) national policy launched in April 2025 in London

Help shape the future of delirium research in the UK



The James Lind Alliance Delirium UK Priority Setting Partnership led by Professors Elizabeth Sampson and Emma Vardy are launching a national survey to identify the most important questions that future research should address. Delirium affects thousands across the UK, and we need your help to shape the future of research. [Find out more here](#)

Greater Manchester's collaborative approach to delirium attracts international attention



A team of clinicians from Singapore travelled to Greater Manchester for a month-long study visit to learn how health and care services work together to improve delirium care. The city-region's proactive, community-focused approach is helping more people receive early diagnosis and support at home, reducing hospital admissions and improving outcomes.

We've published an evaluation report and communications round-up. The two reports showcase all the fabulous partnerships and collaboration with services, clinical teams and projects. The Singapore delegates also attended a range of events and visited a choir and a dementia disco

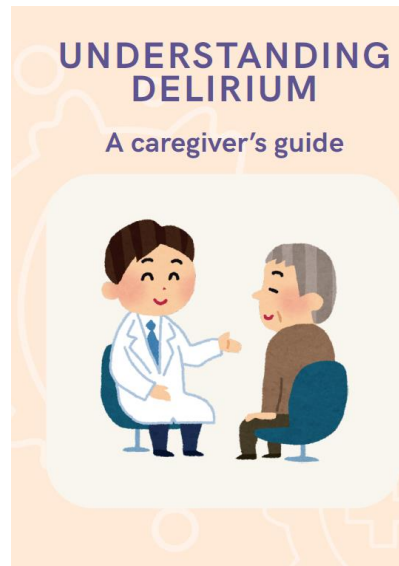
[Singapore delirium observer-ship evaluation report published - Dementia United](#)

Since their visit the team have been in touch to say

We would like to share that we are getting ready for our inaugural world delirium awareness day activities in our hospital today – this is inspired by our experience and learning in Manchester last year! This definitely brings back fond memories of the passionate people we have met in our trip, and proud to say that the enthusiasm and passion has rubbed off amongst our colleagues in our hospital as well. We hope to continue more collaborations with you all too! Dr Lim Jun Pei, Consultant, Geriatric Medicine, Tan Tock Seng Hospital, Singapore



The team have also developed a new caregiver resource on delirium. In developing this resource they drew on materials produced by Dementia United



Canada's Regional Geriatric Program of Toronto adapted Greater Manchester's Community Delirium Toolkit when developing their [Guidance-on-Delirium-Care-for-Elder-Adults-in-the-Community-V1-2024.pdf](#)

Delirium resources for family members and carers



Dementia United working in partnership with carers, family members and people with lived experience have created public facing resources, online training and a short film providing advice for prevention, identifying the signs and getting help for a loved one with delirium

- [Dementia United's delirium online training for carers and family members](#)
- [Delirium top tips for carers and family members](#)

"As a former carer for my husband who lived with Dementia and experienced Delirium, I have been privileged to be involved in the work with Dementia United. The resources now available to families is invaluable and helps to inform them of the various ways Delirium can affect the person with Dementia. These will enable them to identify the onset of the episodes and to help them to help those affected. "I wish I had had these resources when I was caring for my husband as they would have helped us both" Ruth Turner, Chair of Dementia Carers Expert Reference Group

"As the clinical lead, I always have something to learn from our lived experience group and their resources. Their practical advice and true-life accounts gives me, as a clinician, a snapshot into the life behind closed doors for someone who lives with and loves someone affected by dementia. " Dr Rebecca Marchmont, General Practitioner, NHS GM's Dementia Clinical Lead

Working to make delirium data easier to access and understand



The Greater Manchester delirium emergency admissions dashboard has been developed to provide a comprehensive, real-time view of delirium care across the region. It covers secondary care emergency hospital data where delirium is identified. It is updated regularly, with data for all localities. It is free and easy to access [Find out more here](#)

Transforming delirium care across Tameside & Glossop Integrated Care NHS Foundation Trust



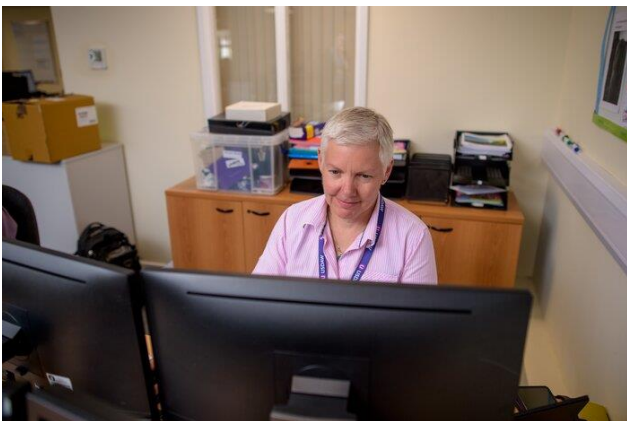
In July 2025, at the trust's inaugural delirium learning event, they launched two new delirium pathways, one for community services and one for hospital care in July 2025 with the aim of having a more consistent, system-wide approach to delirium care. The session brought together multidisciplinary teams to share knowledge, best practice, and innovation. The event was such a success that it's now a quarterly fixture. You can [find out more about the trust's ambition and progress to date here](#)

Dementia United's delirium webinars and in-person events



We've hosted annual webinars and in-person events for World Delirium Awareness Days, as well as at other times of the year, since 2018. These events have been very positively received and would be useful as a training resource for health and social care staff. You can [find out more about these and access slides and resources on our website](#)

Making the best use of Greater Manchester's delirium resources



To support health and social care staff in the assessment, treatment and management of dementia, we have co-produced several resources. These include toolkits for community and hospital, delirium leaflets translated into 16 languages, lived experience accounts as well as training resources. These can all be accessed here [Delirium - Dementia United](#).

Learning from Greater Manchester's delirium pathway

Dementia United has developed one of the most progressive and integrated delirium care models in England, making significant strides in community-based detection, prevention and management. The Greater Manchester community delirium toolkit, used by GPs, nurses, paramedics, urgent care teams and care home staff has been instrumental in keeping people with delirium out of hospital, ensuring they receive prompt care in familiar surroundings. [Find out more](#)

Hear from Dementia United's lived experience colleagues

Dementia United's has co-production and collaboration with people affected by dementia and/or delirium as a cross-cutting thread across all of its projects and programme; as highlighted in [NHS Greater Manchester Integrated Care's Dementia and Brain Health Delivery Plan for 2023 to 2025 - Dementia United](#).

Within the delirium project, we've been working in collaboration with lived experience advisors since 2018. As part of this co-production, we created a lived experience accounts webpage to share people's experience and resources created. Health and care staff from across Greater Manchester, let us know that these accounts are very powerful and that they welcome sharing these alongside our delirium training resources, which assist in raising awareness about the importance of improving the detection and management of delirium. Our lived experience advisors have shared their stories, and [you can read them here](#)

Innovative delirium/dementia simulation training developed at Bolton NHS Foundation Trust



With an increase in Bolton of people being diagnosed with dementia Bolton NHS Foundation Trust recognised the need equip their workforce with the knowledge and skills to effectively detect manage and treat delirium within their hospital.

Colleagues at Bolton NHS Foundation Trust (David Neilson Senior Admiral Nurse, Rachael Bridge, Advances Frailty Practitioner and Emma Smith, Clinical Skills Educator Undergraduate Medical Education/ Simulation Lead developed a delirium/dementia simulation training package which aims to increase knowledge and awareness. The training also allows

participants to apply the theory they're taught in a practical simulation session – scenario based. This provides them with a safe space to practise and gives them time to use reflective and critical discussion to measure what they've learnt. This empowers participants to use the new skills and tools they've gained in a variety of clinical areas within the Trust.

The training to date has received very positive feedback and is currently the only one of a few simulation training programmes in Greater Manchester that focuses on delirium and dementia.

[Find out more](#)

Please get in touch with Dementia United if you would welcome finding out more about our work gmhscp.dementiaunited@nhs.net